



Focus Counseling
6635 W. Happy Valley Road, Ste A104, # 129
Glendale, AZ 85310
602-649-4040

About Us

- Shelly Thome, LPC, CCTP, CCTSI, CTMH
- Owner and Clinician

Our Location

- All services are provided through a secure video Telehealth platform
- Serving all of Arizona, Florida, and South Carolina

Our Services

- Individual Counseling
 - Adults
 - Adolescents
 - Free 15-Minute “Meet and Greet” Opportunities
- [EMDR Counseling Modality](#)
- [Clinical Supervision](#)

Available Training Events

- More Than Sad Suicide Awareness
- Kick Compassion Fatigue to the Curb
- Working with Adolescents with Anxiety

Contact Us

Resources

Privacy Policy

We recognize you may wish to understand our use and disclosure of your personal information. Your privacy is of great importance to Focus Counseling. The following will outline for you the information that Focus Counseling may collect from you and how it can be used. By visiting our website, www.getfocuscounseling.com, you are accepting the practices outlined in this policy.

Information Collection

We may collect non-personal information such as domain name and IP Address. Neither the domain name nor the IP address reveals anything personal about you other than the IP address from which you accessed our site. We may also collect information about the type of internet browser you are using, operating systems, what brought you to our website, as well as which of our Web pages you have accessed.

Additionally, if you communicate with us regarding our website or our services, we will collect any information that you provide us in any such communication. We may contact you in the future via email regarding new services or changes to this privacy policy.

Information Use

We use the collected information primarily for our internal purposes such as providing, maintaining, and evaluating or improving our services and website, fulfilling requests for information, and providing customer support.

Security

We follow the customarily accepted industry standards to protect the information submitted to us, both during transmission and once the information is received.

If we collect sensitive information, such as credit card details, the information is encrypted and securely transmitted to us. You can confirm the security of the transmission by observing the “closed lock” icon on your web browser, or by looking for the “HTTPS” at the beginning of the web page’s address.

While we utilize encryption to protect sensitive information transmitted online, we also protect your information outside of the online environment. Only employees who need the information to perform a specific job are granted access to personally identifiable information (PII). Examples would be billing and customer service duties. The computers in which we store the PII are kept in a secure environment and are password protected. Any paper documents are secured in a locked file as well.

Cookies

We use “cookies” on this website. A cookie is a piece of data that is stored on the site visitor’s hard drive. This helps us to improve your access to our site and to identify repeat visitors to our website. When a cookie is utilized to identify someone, it would eliminate the need to log in with a password more than once, thereby saving time for the individual while on our site. The use of Cookies can also assist us in tracking and targeting the interests of our users to enhance their experience on our website. The usage of cookies is not linked to any personally identifiable information on our site.

Sharing

We will not sell or otherwise provide the information we collect to outside third parties for the purpose of direct or indirect mass email marketing.

We will disclose personal information and/or an IP address when required by law or in the good-faith belief that such action is necessary to:

- Cooperate with the investigations of purported unlawful activities, conform with the law, or comply with legal process served on our company.
- Protect and defend the rights or property of our website and related properties.
- Identify persons who may be violating the law, the rights of third parties, or otherwise misusing our website or its related properties.

It is important to remember that whenever you voluntarily disclose personal information online (such as through email, discussion boards, or social media) that information can be collected and used by others. As such, if you post personal information online it becomes accessible to the public and you may receive unsolicited messages from other parties as a result. It is your responsibility to maintain your information's privacy based on your online activity.

Links

This website may contain links to other sites. Please note that we are not responsible for the content or privacy practices of other sites. We encourage users to be aware when they leave our site and to read the privacy statements of any other site that collects personally identifiable information.

Consent

By using this Website, you consent to the collection and use of information as outlined above. If we make changes to our Privacy Policy, we will post changes on this page. It is important to review this page frequently to remain current with the information we collect, how we use the collected information, and under what circumstances we disclose the information. Please review the privacy policy carefully to assure you understand our practices and procedures.

If you feel we are not adhering to the privacy policy, please contact us immediately by phone at 602-649-4040 or by email at shelly@getfocuscounseling.com.